

# Guitar Practice

<http://www.abclearnguitar.com/>

Here are some resources that will help you develop an effective practice routine.

## Setting Goals

### Short Term Goals:

- Learn new song
- Learn a new lick
- Learn a new chord
- Learn a new chord progression
- Learn a new scale
- Learn how to fingerpick
- Memorize the open tones (name) of your guitar strings
- Memorize the tuning pattern
- Memorize the notes on the first 3 frets of your guitar
- Memorize the Minor Pentatonic Scale, finger pattern 1
- Memorize the Major Pentatonic Scale, finger pattern 1
- Memorize the C Major Scale, open finger pattern
- Memorize the C Major Scale in second position, finger pattern 1
- Memorize the C Minor Scale in second position, finger pattern 1

### Long Term Goals:

- Learn how to play a particular guitar style well (Jazz, Rock, Classical, etc.)
- Learn how to read music for guitar
- Learn all the primary chords of each key around the Circle of Fifths
- Learn and understand chord theory
- Memorize every note on every fret of the guitar
- Memorize every first position (open) Major scale for each Key
- Memorize every first position Minor scale for each Key
- Memorize every movable Major scale pattern
- Memorize every movable Minor scale pattern
- Learn the different guitar modes
- Learn alternative finger patterns for a Major scale
- Learn alternative finger patterns for a Minor scale
- Learn how to play in Alternate Tunings
- Develop a repertoire of songs and perform in public

# Guitar Practice Schedule

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Use this schedule to generate some ideas of your own. Feel free to modify it as needed.

## MONDAY

Focus: Reading Music/Tab

Use standard notation &/or tab to learn a song, or play a single line melody.

Goal: To improve sight reading skills, learn new songs and guitar techniques.

## TUESDAY

Focus: Chords

Practice strumming various chords progressions and songs in different key Learn a new chord.

Goal: To change easily & smoothly between chords. The long term goal is to learn the fundamental chords for all 12 keys.

## WEDNESDAY

Focus: Performing

Memorize a song you have learned. Play it in front of someone or record yourself.

Goal: To gain confidence and get feedback in order to improve guitar playing abilities.

## THURSDAY

Focus: Theory & Technique

Study scales &/or chord structure. Incorporate slides, hammers, pull-offs and other techniques.

Goal: To increase understanding of music, and improve dexterity on the guitar.

## FRIDAY

Focus: Fretboard

Memorize &/or review the notes on the fretboard. Start with first position (the first four frets). When this area is memorized, move to second position, etc.

Goal: To improve fretboard awareness in order to facilitate a broader range of playing options.

## SATURDAY

Focus: Review

Take time to go over any trouble spots. Concentrate on one specific area. Write down any thoughts or steps needed to improve performance &/or understanding.

Goal: To play the guitar in such a way that it produces music with a clean, clear, quality sound

## SUNDAY

Focus: Free Time

Take time off or experiment. Jam with some friends and have a little fun.

Goal: To enjoy music and become a creative guitarist.



