

GUITAR PRACTICE SCHEDULE

MONDAY

Focus: Reading Music

Use standard notation &/or tablature to learn a song or play a single line melody.

Goal: To improve sight reading skills in order to learn new songs and guitar techniques.

TUESDAY

Focus: Chords

Practice strumming various chords progressions and songs in different keys.

Goal: To change easily & smoothly between chords. Long term goal is to learn the fundamental chords for all 12 keys.

WEDNESDAY

Focus: Performing

Memorize a song you have learned. Play it in front of someone or record yourself.

Goal: To gain confidence and get feedback in order to improve guitar playing abilities.

THURSDAY

Focus: Theory & Technique

Study scales &/or chord structure. Incorporate slides, hammers, pull-offs and other techniques.

Goal: To increase understanding of music and improve finger dexterity on the guitar.

<http://www.abclearnguitar.com/>

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FRIDAY

Focus: Fretboard

Memorize &/or review the notes on the fretboard.

Goal: To improve fretboard awareness in order to facilitate a broader range of playing options.

SATURDAY

Focus: Review

Take time to go over any trouble spots. Concentrate on one specific area. Write down any thoughts or steps needed to improve performance &/or understanding.

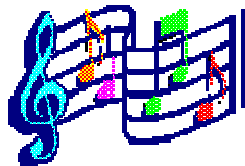
Goal: To play the guitar in such a way that it produces music with a clean, clear, quality sound

SUNDAY

Focus: Free Time

Take time off or experiment. Play around with different sounds using your ear. Make up a chord, song or melody line. Create a repertoire so you can play the pieces you enjoy. Have some fun.

Goal: To become a more creative guitarist and musician



Courtesy of
<http://www.abclearnguitar.com/>